



## GEAR UP SCHOLARS PROJECT ACTIVITIES FOR STUDENTS AND PARENTS

ACTIVITY	SEVENTH & EIGHTH GRADE	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR
<b>Career and Personal Development</b>	<ul style="list-style-type: none"> <li>Explore academic and career interests</li> <li>Create a personal achievement portfolio</li> <li>Begin community service activities</li> <li>Go to community and cultural events</li> <li>Explore career interests with computer software and other materials (e. g. WOIS or Discover)</li> </ul>	<ul style="list-style-type: none"> <li>Take an interest inventory</li> <li>Continue to explore careers</li> <li>Visit a workplace that interests you</li> <li>Continue working on your portfolio</li> <li>Continue community service activities</li> <li>Attend community cultural events</li> <li>Explore career interests with computer software and other materials (e.g. WOIS or Discover)</li> </ul>	<ul style="list-style-type: none"> <li>Develop job related skills through apprenticeships, internships, job shadowing, and work-related classes</li> <li>Update your portfolio and develop a résumé</li> <li>Continue community service activities</li> <li>Attend community or cultural events</li> <li>Identify possible academic and career paths</li> <li>Apply to be an Ambassador</li> </ul>	<ul style="list-style-type: none"> <li>Develop job related skills through apprenticeships, internships, job shadowing, and work-related classes</li> <li>Update your portfolio and résumé</li> <li>Continue community service activities and take on a leadership role</li> <li>Attend community or cultural events</li> <li>Work as an Ambassador</li> </ul>	<ul style="list-style-type: none"> <li>Develop job related skills through apprenticeships, internships, job shadowing, and work-related classes</li> <li>Update your portfolio and résumé</li> <li>Continue community service activities and take on a leadership role</li> <li>Attend community or cultural events</li> <li>Work as an Ambassador</li> </ul>
<b>Academic Preparation</b>	<ul style="list-style-type: none"> <li>Pay attention to your GPA</li> <li>Sign-up for algebra and computer classes, foreign language, science, and history</li> <li>Learn good study habits</li> <li>Learn to manage your time wisely</li> </ul>	<ul style="list-style-type: none"> <li>Work on GPA</li> <li>Take geometry (or algebra), science, computers, and other classes</li> <li>Complete 4-year high school plan</li> <li>Explore Running Start, IB, and AP course options</li> <li>Prepare for WASL</li> </ul>	<ul style="list-style-type: none"> <li>Continue to work on GPA</li> <li>Review 4-year high school plan</li> <li>Take IB, Running Start, AP, or tech-prep courses</li> <li>Take Algebra II (or geometry), science, foreign language, computers, history classes, etc.</li> <li>Continue to prepare for WASL</li> </ul>	<ul style="list-style-type: none"> <li>Continue to work on GPA</li> <li>Review 4-year high school plan</li> <li>Take IB, Running Start, AP, or tech-prep courses</li> <li>Take Trigonometry (or Algebra II), science, foreign language, computers, history classes, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Take IB, Running Start, AP, or tech-prep courses</li> <li>Confirm that you have enough credits to graduate</li> <li>Take Calculus (or Trigonometry), science, foreign language, computers, history classes, etc.</li> </ul>
<b>Tutoring</b>	<ul style="list-style-type: none"> <li>Participate in tutoring</li> <li>Join a "homework club"</li> </ul>	<ul style="list-style-type: none"> <li>Continue attending a tutoring program in subjects where improvement is needed</li> </ul>	<ul style="list-style-type: none"> <li>Continue to get tutoring in subjects where you need to improve</li> <li>Begin tutoring younger students</li> <li>Encourage peer tutoring among your friends</li> </ul>	<ul style="list-style-type: none"> <li>Continue to get tutoring in subjects where you need to improve</li> <li>Tutor younger students and encourage peer tutoring with your friends</li> </ul>	<ul style="list-style-type: none"> <li>Continue to get tutoring in subjects where you need to improve</li> <li>Tutor younger students and encourage peer tutoring with your friends</li> </ul>
<b>Mentor Relationships</b>	<ul style="list-style-type: none"> <li>Join a mentoring program</li> <li>Participate in a mentor activity once a month. Try to include your parent or sponsor, too.</li> </ul>	<ul style="list-style-type: none"> <li>Continue mentoring activities</li> <li>Participate in a mentor activity once a month. Try to include your parent or sponsor, too.</li> </ul>	<ul style="list-style-type: none"> <li>Continue mentoring activities</li> <li>Be a mentor to your peers</li> <li>Participate in a mentor activity once a month. Try to include your parent or sponsor, too.</li> </ul>	<ul style="list-style-type: none"> <li>Continue mentoring activities</li> <li>Be a mentor to your peers</li> <li>Participate in a mentor activity once a month. Try to include your parent or sponsor, too.</li> </ul>	<ul style="list-style-type: none"> <li>Continue mentoring activities</li> <li>Be a mentor to your peers</li> <li>Participate in a mentor activity once a month. Try to include your parent or sponsor, too.</li> </ul>
<b>College Planning Activities</b>	<ul style="list-style-type: none"> <li>Learn about educational options after high school</li> <li>Request or review college catalogs and handouts</li> <li>Ask for information about financial aid</li> <li>Visit a college campus</li> <li>Participate in community service activities</li> </ul>	<ul style="list-style-type: none"> <li>Explore college options on the internet</li> <li>Attend college information nights school</li> <li>Attend a college fair</li> <li>Explore college majors</li> <li>Attend an information session on financial aid</li> <li>Get organized - create a college file to keep track of information</li> <li>Continue service learning activities</li> </ul>	<ul style="list-style-type: none"> <li>Attend college fairs</li> <li>Participate in one-day college campus visits</li> <li>Attend college information night at local high school with parents</li> <li>Decide what you want in a college. Two-year, four-year, vocational, location, size, cost, etc.</li> <li>Continue service learning activities</li> <li>Practice taking the PSAT/ NMSQT test</li> </ul>	<ul style="list-style-type: none"> <li>Participate in overnight college campus visits</li> <li>Register online for <u>free</u> scholarship search services</li> <li>Request financial aid information from colleges</li> <li>Practice taking the ACT and/or SAT test</li> <li>Take the PSAT/NMSQT test</li> <li>Plan, lead, and participate in service learning activities</li> </ul>	<ul style="list-style-type: none"> <li>Visit your top five colleges in the fall</li> <li>Confirm financial aid deadlines</li> <li>Take ACT and/or SAT test</li> <li>Plan, lead, and participate in service learning activities</li> </ul>
<b>College Application Preparation</b>	<ul style="list-style-type: none"> <li>Learn about high school requirements and college admission requirements</li> <li>Learn about different types of colleges and what they offer (vocational, two-year, four-year, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>Become familiar with college entrance requirements</li> <li>Continue to use internet resources to research colleges</li> <li>Go to a workshop on researching colleges and careers on the web</li> </ul>	<ul style="list-style-type: none"> <li>Choose 5-10 colleges that interest you, based on your own criteria</li> <li>Find out about the entrance requirements for those colleges of interest</li> <li>Continue to use internet resources in your research (College Edge,</li> </ul>	<ul style="list-style-type: none"> <li>Request admission and financial aid forms from your top five colleges, confirm deadlines</li> <li>Attend workshops to learn how to fill out admissions and financial aid forms</li> <li>Continue to use the Internet to</li> </ul>	<ul style="list-style-type: none"> <li>Apply to top five colleges</li> <li>Complete applications by mid-November</li> <li>Complete the FAFSA as soon as possible after January 1</li> <li>Look for scholarships in HS career center</li> </ul>

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	<input type="checkbox"/> Use the Internet to get more about college (College Edge, Think College Early web sites, etc.)		college web pages, etc) <input type="checkbox"/> Go to a workshop on researching colleges and careers on the web	learn about your top choice colleges <input type="checkbox"/> Look for scholarships in HS career center <input type="checkbox"/> Apply for scholarships/grants	<input type="checkbox"/> Apply for scholarships/grants <input type="checkbox"/> Notify colleges of your decision <input type="checkbox"/> GO TO COLLEGE!
Parent or Sponsor Involvement	<input type="checkbox"/> Participate in GEAR UP activities for at least 40 hrs every year <input type="checkbox"/> Help with GEAR UP office work or field trips <input type="checkbox"/> Go to college planning workshops <input type="checkbox"/> Meet with your child’s school or GEAR UP counselor <input type="checkbox"/> Learn about different types of colleges <input type="checkbox"/> Visit college campuses* <input type="checkbox"/> Lead or organize a parent activity	<input type="checkbox"/> Participate in GEAR UP activities for at least 40 hrs every year <input type="checkbox"/> Help with GEAR UP office work or field trips <input type="checkbox"/> Attend parent/sponsor workshops on college and career planning <input type="checkbox"/> Learn course requirements for high school graduation and college entrance <input type="checkbox"/> Visit college campuses* <input type="checkbox"/> Lead or organize a parent activity	<input type="checkbox"/> Participate in GEAR UP activities for at least 40 hrs every year <input type="checkbox"/> Help with GEAR UP office work or field trips <input type="checkbox"/> Attend parent/sponsor workshops on college costs and financial aid <input type="checkbox"/> Visit college campuses* <input type="checkbox"/> Lead or organize a parent activity	<input type="checkbox"/> Participate in GEAR UP activities for at least 40 hrs every year <input type="checkbox"/> Help with GEAR UP office work or field trips <input type="checkbox"/> Attend parent/sponsor workshops on educational planning <input type="checkbox"/> Plan for senior year applications (especially financial aid forms) <input type="checkbox"/> Visit colleges that interest your student* <input type="checkbox"/> Lead or organize a parent activity	<input type="checkbox"/> Participate in GEAR UP activities for at least 40 hrs every year <input type="checkbox"/> Help with GEAR UP office work or field trips <input type="checkbox"/> Attend parent/sponsor workshops on educational planning and financial aid <input type="checkbox"/> Help student complete admission, financial aid, and scholarship applications <input type="checkbox"/> Visit colleges (if you haven’t already done this)* <input type="checkbox"/> Lead or organize a parent activity

\* College visits are offered as GEAR UP field trips.